

welcome!

discover optimal health, longevity and beauty

At the Center for Health PC, we use an integrative and holistic approach to evaluate your health concerns. We provide health care for the whole family.



Chief Medical Officer
Loretta Baca, MD

Dr Baca is Board Certified in Internal Medicine (care of adults) with a special interest in Rheumatology (arthritis and autoimmune disease). She is a Fellow of the American College of Physicians (FACP) and the American College of Rheumatology (FACR) and a member of the American Academy for the Advancement of Medicine (ACAM). Dr. Baca was an Associate Professor at the University of Colorado School Of Medicine. She has received numerous awards, including AOA (medical honor society) and Teacher of the Year from the University of Colorado medical students. She was a finalist for the Women of Achievement Award.

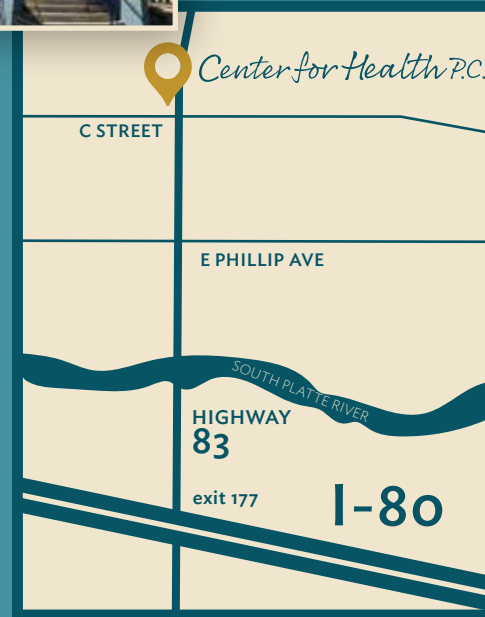
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How to find us:



The Center for Health, P.C.
302 S. Jeffers St.,
North Platte, NE 69101



Directions:

From I-80, take exit 177 and head north, proceed north on Jeffers street, which changes to the one way street Dewey. Turn left on C street. We are on the southwest corner of C and Jeffers St. The entrance for parking is near the alley. If you are coming from the north, stay on highway 83 and it will turn into Jeffers street. We are a few blocks past downtown. Turn right at the KFC. Parking entrance is near the alley.



Center
for
Health P.C.

HOLISTIC & INTEGRATIVE MEDICINE

Center for Health PC

We are located in a beautifully restored two-story Victorian home that was built in 1912. Inside, you will discover charming antiques, peaceful music, and friendly, helpful staff. Treasures and pictures from around the world and loving gifts from patients adorn the office.

Our office provides complete health care for the entire family. We use a holistic approach and combine integrative medicine with traditional western allopathic medicine. At the Center for Health, we evaluate the whole person and the functional root cause of disease. We order standard blood tests and other traditional testing as needed. In addition, we can obtain testing for food allergies, heavy metals, volatile toxins, mold, hormones, nutrient status, and vitamin levels.

We use many techniques to improve your health. Our treatments include neural therapy, Frequency Specific Microcurrent, high dose vitamin therapy, IV vitamin C infusion, ozone therapy, prolozone, ultraviolet light, diet modification, prescription HCG, weight loss programs, elimination diets, fasting, Prolon fasting mimicking diet, acupuncture, cupping, herbs, nutritional therapy, compounded natural hormone replacement, oral chelation, detoxification, color therapy, energy medicine, and prescription medications.

We accept most commercial insurance and bill insurance as a courtesy for you. Some therapies and the cosmetic services are not covered by insurance. Our office is handicap accessible and environmentally friendly. Our office is a LOW electro smog zone and we ask that you turn off your cell phone or place it on airplane mode with WIFI and Bluetooth off when you are in the clinic.

SOME OF THE CONDITIONS WE TREAT:

Skin disorders	Diabetes
Disturbed sleep	Brain Fog
Obesity	Fatigue
Fibromyalgia	Allergies
Headache	Infections
Women's issues	Toxicity
Thyroid problems	Autoimmune disease
Adrenal fatigue	Digestive problems

MEDI-SPA AND COSMETIC SERVICES :

Misty Richards APRN offers cosmetic services. Cosmetic therapy is used for wrinkles, sagging skin, acne, fine lines, facial rejuvenation, dark blotches, and age spots.

BOTOX™

JUVEDERM FILLER™

Jane Iredale Mineral Makeup

PCA skin care



Director of Medical Services
Misty Richards, APRN

Misty Richards is a certified Nurse Practitioner. In 1998, she received her master's degree in nursing from the University of Nebraska Medical Center Graduate Studies Program. She has a Bachelor's degree in Nursing from the University of Nebraska. Misty is a member of Sigma Theta Tau International Honor Society for Nursing. She is an accredited member of The American Academy of Nurse Practitioners and the American Nurse Credentialing Center. Misty volunteers actively for her community and church. She is busy as a mother supporting her family in all of their endeavors.



Laurie Soper, APRN-C

Laurie Soper is a certified Nurse Practitioner and received her Post Master's Certificate as a Family Nurse Practitioner from the University of Nebraska Medical Center in 2009. She also has a Master's Degree in Health Services Management and Administration. She has extensive experience in outpatient medicine and emergency care. She was the Chief Flight nurse for Regional West Medical Center and has been an instructor for the University of Nebraska Medical Center. She has traveled the world and has diverse, global interests. She too supports her family in their busy lives.



Jasmine Moore, APRN

Jasmine Moore, APRN, joined The Center for Health in November of 2021. She is a graduate of Walden University with a Master of Science degree in nursing and is board certified by the American Nurses Credentialing Center as an Adult-Gerontology Primary Care Nurse Practitioner (A-GNP). She has extensive experience caring for adults with chronic illness in outpatient, skilled rehabilitation, and long-term care settings. Additional experience includes healthcare management as Director of Nursing and Nursing Home Administrator of a 5-star CMS Quality Measure Skilled Nursing Facility.